

## Come ride with us!



Do you want to learn to ride or improve your riding skills?

Join our "Life is Stressful... Ride a Horse" riding program!

Studies have shown that riding a horse is a great way to get some exercise, relieve stress and improve your overall mood!

- All skill levels welcome!
- Suitable for ages 6 and up.
- Classes are outside in a covered arena and taught by a certified trainer.
- Group classes can be arranged. Set up a car pool with your friends, book your riding lessons and come and ride!





Limited time introductory offer of 3 classes for just \$150!

(normal cost is \$225).

Limit of 1 introductory package per client.

HARTH is a PATH Center and also offers therapeutic riding for those with special needs. All therapeutic sessions taught by a PATH certified instructor

Contact Melisa O'Shields at (512) 767-2901 Or melisao@harthtx.org

Or check out our website: www.harthtx.org